



## **Education and Sport Development**

Department of Education and Sport Development  
Departement van Onderwys en Sportontwikkeling  
Lefapha la Thuto le Tlhabololo ya Metshameko

**NORTH WEST PROVINCE**

**NORTH WEST  
HALF-YEARLY EXAMINATION**

**GRADE 10**

**ENGLISH HOME LANGUAGE  
PAPER 1 (LANGUAGE IN CONTEXT)  
JUNE 2019**



**TIME : 2 HOURS**

**MARKS : 70**

**This question paper consists of 10 pages (including this cover page).**

**INSTRUCTIONS AND INFORMATION**

1. This question paper consists of THREE sections:

SECTION A: Comprehension (30)  
SECTION B: Summary (10)  
SECTION C: Language in context (30)

2. Read ALL the instructions carefully.
3. Answer ALL the questions.
4. Start EACH section on a NEW page.
5. Rule off after each section.
6. Number the answers correctly according to the numbering system used in this question paper.
7. Leave a line after each answer.
8. Pay special attention to spelling and sentence construction.
9. Suggested time allocation:
- SECTION A: 50 minutes  
SECTION B: 30 minutes  
SECTION C: 40 minutes
10. Write neatly and legibly.

**SECTION A: COMPREHENSION****QUESTION 1: READING FOR MEANING AND UNDERSTANDING**

Read TEXTS A and B below and answer the questions set.

**TEXT A****Biography of Usain Bolt, Mutant.**

- 1 **In just two years, he has demolished the 100-meter dash world records with times that are superhuman. So what if the greatest athlete alive decided to actually get serious?**
- 2 The low snap of a single gunshot bursts from eight speakers at once. Each speaker is positioned behind a single man, and each man is positioned more or less identically in a sprinter's crouch: his feet in the starting blocks, his legs slightly bent, his rear end higher than his shoulders, his fingers splayed on but not beyond the white chalk of the starting line. The color schemes of their Lycra uniforms are different, but otherwise, with their heads down, their faces invisible, and their bodies immobile, it is hard to tell the runners apart.
- 3 It is the 100-meter finals of the 2008 Olympics, and the first man off the blocks, is Richard Thompson, of Trinidad and Tobago. Finally, in second to last place, Usain Bolt of Jamaica begins to run.
- 4 He's only been racing this distance for about a year, and the importance of a quick start is one of the things he's still getting used to. His specialty throughout his running career has been the 200 meters, a distance for which the start isn't as crucial. He's had to work to overcome some of his sloppy starting habits too. For example, he has a tendency to brush his left toe along the ground during the explosive burst from the blocks. He does it today, the front of his left shoe scuffing the track as he whips his leg forward to take his second stride. The shoe also happens to be untied, a sloppy mistake, no excuse.
- 5 Within the next few seconds, the so-called drive phase, the heads of the runners begin to come up, and their bodies start to straighten, their spines unfurling as their strides lengthen. Bolt is the biggest man in the pack. He's six feet five inches tall, 210 pounds. That makes him three inches taller and twenty pounds heavier than the second-biggest competitor.
- 6 During the drive phase, Bolt and the rest of the runners are all leaning forward at an unsustainable tilt. They are basically in the act of falling down, face-first, but their legs, racing against gravity, prevent that from happening, and their bodies begin to slowly rise up into a full upright position. Sprinters often describe this phase, when everything happens correctly, as being analogous to lift-off in an airplane.
- 7 By approximately the four-second mark, the drive phase has transitioned into the stage known as "full acceleration." The runners are now truly, in the classic sense, running. And it is at this point that the ultimate difference between Usain Bolt and his competitors reveals itself. It is both a simple difference and one that, when you witness, is hard to fathom
- 8 When the other men reach their limit, Usain Bolt continues to accelerate. By the fifty-meter mark, he has caught up to the leader. By the sixty-meter mark, a noticeable

gap has emerged between him and the rest of the pack. By the seventy-meter mark, he is covering more than twelve meters of ground — about forty feet — every second. Nobody has ever moved this fast before under his own power.

- 9 His top speed is so phenomenal, that many who witness this race, who see Bolt cross the line in 9.69 seconds, breaking his own three-month-old world record, don't notice, until they see the replay, what is perhaps the most salient and frightening thing about his performance: Approximately eighty meters into the race, Bolt stops trying. It happens right after he throws a quick glance toward the lane of his chief rival and the previous record holder, a fellow Jamaican named Asafa Powell.
- 10 Now seeing that Powell is nowhere in sight, that, indeed, no other runner is visible, Bolt lets something like a smile cross his lips. Then his arms stop pumping. He drops them to his sides, pulls his shoulders back, pushes his chest out, and splays his fingers. His legs continue to cycle, but he no longer provides them additional impetus. He coasts. Several meters before he crosses the finish line, a full half second before he wins the 100-meter final by one of the widest margins in Olympic history, he brings his right fist up and thumps his chest.

NadavKander

Adapted from article in *Esquire*: <http://www.esquire.com/sports/a7058/usain-bolt-bio-0410/>

AND

TEXT B



**QUESTIONS: TEXT A****Refer to paragraphs 1, 2 and 3**

- 1.1 In your own words, provide evidence from paragraph 1 which proves the writer's view that Usain Bolt is the "greatest athlete alive". (1)
- 1.2 Comment on the writer's use of short phrases in paragraph 2. (2)
- 1.3 In the title, the writer describes Usain Bolt as a mutant. Would you agree with this description? Give a reason for your response. (2)
- 1.4 Quote a word from paragraph 2 which shows us that this article is written by an American writer. (1)
- 1.5 Considering the statements made in the article, why do you think the writer points out that Usain Bolt starts off "in second to last place"? (2)
- 1.6 Refer to paragraph 4.  
Suggest a reason why the start is not as crucial in the 200 metre race as in the 100metre race (1)
- 1.7 Do you think the writer is trying to paint a picture of someone who is not committed to his running career in paragraph 4? Justify your answer. (3)
- 1.8 Does the writer see Bolt's size as an advantage or a disadvantage as a sprinter? Explain your answer. (3)
- 1.9 Explain why the writer considers Usain Bolt's running to be 'hard to fathom'? (2)
- 1.10 Refer to paragraph 8.  
Quote a clause which shows that Usain Bolt is far better than the other competitors? (1)
- 1.11 "*Sprinters often describe this phase, when everything happens correctly, as being analogous to lift-off in an airplane.*"
- 1.11.1 Identify the figure of speech in the sentence above. (1)
- 1.11.2 Explain the figure of speech. (2)
- 1.12 What is revealed about Usain Bolt's attitude to running in paragraph 10? Supply a reason for your answer which is drawn from this paragraph (2)
- 1.13 Do you feel that the title, 'Biography of Usain Bolt' is effective? Provide a reason for your answer. (2)

**REFER TO TEXT B**

- 1.14 In your own words, explain the point the cartoonist is making. (2)
- 1.15 Draw a conclusion on what type of person Usain Bolt is. Give one character trait. (1)
- 1.16 **Refer to TEXT A and TEXT B** (2)
- Discuss how TEXT B supports TEXT A.

**TOTAL SECTION A: 30**

**SECTION B: SUMMARY****QUESTION 2: SUMMARISING IN YOUR OWN WORDS**

Carefully read **Text C** below. It suggests tips for teens for building up muscle.

Imagine you have been asked to write a short article of one paragraph of 90 words for your local community newspaper to guide young teens in how to build up muscle.

- NOTE:**
1. Your summary should include SEVEN points and NOT exceed **90 words**.
  2. You must write a fluent paragraph.
  3. You are NOT required to include the title for the summary.
  4. Indicate your word count at the end of your summary.

**TEXT C**

During your teen years, you're in a phase of your life when your body wants to grow. You're churning out hormones that are specially designed to help you get bigger, and right now you may be able to take in a huge amount of food and use it to build a strong body. Here are some tips to building strong muscles.

If you're new to exercise or you have any health issues -- especially heart problems or conditions that affect your muscles or joints -- get a physical examination by your doctor or other health care provider before you start a muscle-building program.

As you're starting on your path to bigger muscles, when it comes to food, focus on the basics, says Shawn Arent, PhD, a certified strength and conditioning specialist and associate professor at Rutgers University in New Jersey. "Spend your energy working out and eating properly -- not chasing fancy supplements. And don't even think about using steroids," he says. "They can do serious damage to your body now and in the long run."

When you're starting out, avoid tossing together bits and pieces of different weight-lifting programs you see in magazines, Arent says. Instead, build a basic core program that includes the bench press (for your chest), squats (legs), deadlift (legs and back), and shoulder press (shoulders and upper back). As you master these, or you start playing a sport that requires specific strengths, you can add more complex lifts.

You need calories for growth *and* performance! As a growing, active guy, you may need about 3,000 calories or more each day. So make sure you eat enough food.

Another muscle-building hormone your body makes is insulin, Arent says. It makes your muscles soak up sugar, proteins, and other things that make them bigger and stronger. Insulin is extra-effective right after a workout. So within 30 minutes after a workout, eat a blend of carbs and protein. But too much protein can harm the body and have serious effects on your kidneys. So don't eat too much of it.

Adapted from <http://teens.webmd.com/boys/features/building-muscle-in-teenboys? Page=2>

**TOTAL SECTION B: 10**

**SECTION C: LANGUAGE STRUCTURES AND CONVENTIONS**

**QUESTION 3: ANALYSING ADVERTISING**

Study the advertisement (TEXT D) below and answer the set questions.

Answer the questions set on TEXT D and TEXT E

**QUESTIONS: TEXT D**



**THE ULTIMATE QUICK FIX**

**Text reads:**

The Nike Trainer One is not a magical toning shoe. Its Diamond FLX technology activates your muscles to work how they're supposed to, giving you faster results from all those squats, lunges and classes that you do. So you get fitter.

**THIS SHOE WORKS IF YOU DO.**

- 3.1 Discuss one advantage when you buy the product above. (1)
- 3.2 Describe two techniques the advertiser used in the composition of the advertisement to make the product more appealing? (2)
- 3.3 Who would be the target market of the product? (1)



Refer to **TEXT E** below:

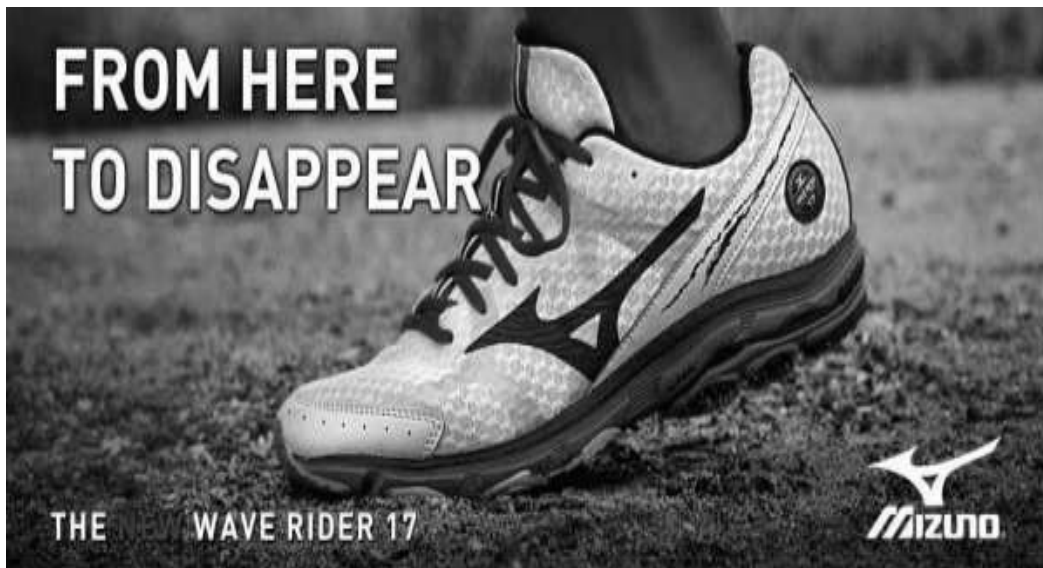
- 3.4 There is not much copy (text) in this advertisement. Do you think this is an advantage or a disadvantage? Justify your answer? (2)
- 3.5 Comment on the effect of the words “From here to disappear” in the advertisement below. (1)
- 3.6 Explain “from here to disappear” in your own words. (1)

Refer to **TEXT D** and **TEXT E**

- 3.7 Which advertisement do you think is more effective? Give a valid reason for your choice. (2)

[10]

**QUESTIONS: TEXT E**



**QUESTION 4: UNDERSTANDING OTHER ASPECTS OF MEDIA**

Study **TEXT F** below and answer the set questions.



<https://s-media-cache-ak0.pinimg.com/736x/0f/d6/65/0fd6652529de00b7b6e9621af7595f72.jpg>

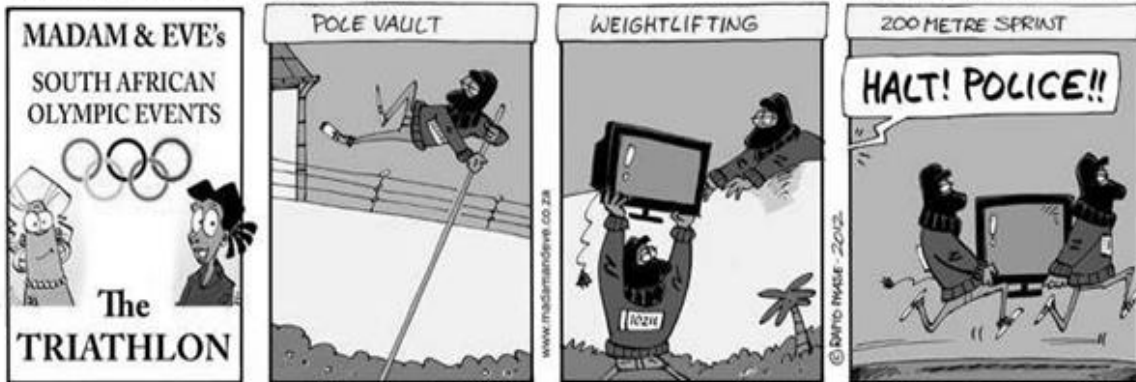
- 4.1 Give one word to describe the expression on Calvin’s face in the first three frames. (1)
- 4.2 How does Calvin’s body language in the last frame affirm what he is saying? (3)
- 4.3 Explain Calvin’s reasoning (1)



TEXT G

**MADAM & EVE**

by Stephen Francis & Rico



[http://4.bp.blogspot.com/-Pvlt\\_hLPUH0/UCYJb-PKeJI/AAAAAAAAADWg/Uz5COUT3Aqg/s1600/sa\\_olympics4.jpg](http://4.bp.blogspot.com/-Pvlt_hLPUH0/UCYJb-PKeJI/AAAAAAAAADWg/Uz5COUT3Aqg/s1600/sa_olympics4.jpg)

- 4.4 4.4.1. The above comic strip is an example of  
 a. sarcasm  
 b. satire  
 c. slapstick (1)
- 4.5 Provide a reason for your choice in 4.4.1. (1)
- 4.6 Discuss the play on words in the cartoon and how it contributes to the humour (3)

[10]

**QUESTION 5: USING LANGUAGE CORRECTLY**

Read TEXT H, which contains some deliberate errors, and answer the set questions.

Usain Bolt's foundation joins forces with IAAF programme

1 Monaco: Athletics superstar Usain Bolt has announced that his foundation is to join forces with Athletics for a Better World, a programme of the *International Association of Athletics Federations*(IAAF).

2 Usain Bolt, under the auspices of the *Athletics for a Better World* and its members, provide organisations and people with a platform to use athletics effectively to make a positive difference around the world, reports CMC. 6

3 As part of the programme, the Usain Bolt Foundation will be able to utilise the IAAF's global footprint, marketing channels and sporting credibility ultimately to extend their message and influence more young people than ever before.

4 "I'm very proud that the Usain Bolt Foundation is officially partnered with the IAAF's Athletics for a Better World," said Bolt, world and Olympic 100 metre, 200m and 4x100m champion. 12

5 "Since the foundation was formed, we have worked very hard to inspire kids to become anything that their hearts desire. So to be given this accolade by the IAAF is a reward for all the hard work, and a great opportunity for us to develop the foundation further and inspire more young people around the world".

- 5.1 Explain the use of the italics in paragraph 1 (1)
- 5.2 IAAF, is an example of:
- A) an acronym
  - B) an abbreviation
  - C) a title
  - D) a neologism (1)
- 5.3 Correct the spelling error in paragraph 3. (1)
- 5.4 Refer to paragraph 4. (1)
- What is the function of the apostrophe in the word: **I'm** ( Line 10)
- 5.5 "Since the foundation was formed, we have worked very hard to inspire kids to become anything that their hearts desire." (Paragraph 5)  
Change the above sentence into **reported / indirect speech**.  
Begin: Usain Bolt said.... (3)
- 5.6 Correct the malapropism in paragraph 5. (1)
- 5.7 .Refer to paragraph 5.  
Provide a suitable synonym for the word 'accolade'. (1)
- 5.8 Refer to the following sentence  
'.... and inspire more young people around the world.'  
What part of speech is the underlined word. (1)
- [10]

**TOTAL SECTION C: 30**  
**GRAND TOTAL: 70**

